

BREAKING VAL

OFFICIAL PRESS KIT



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FILM PRODUCTION COMPANY

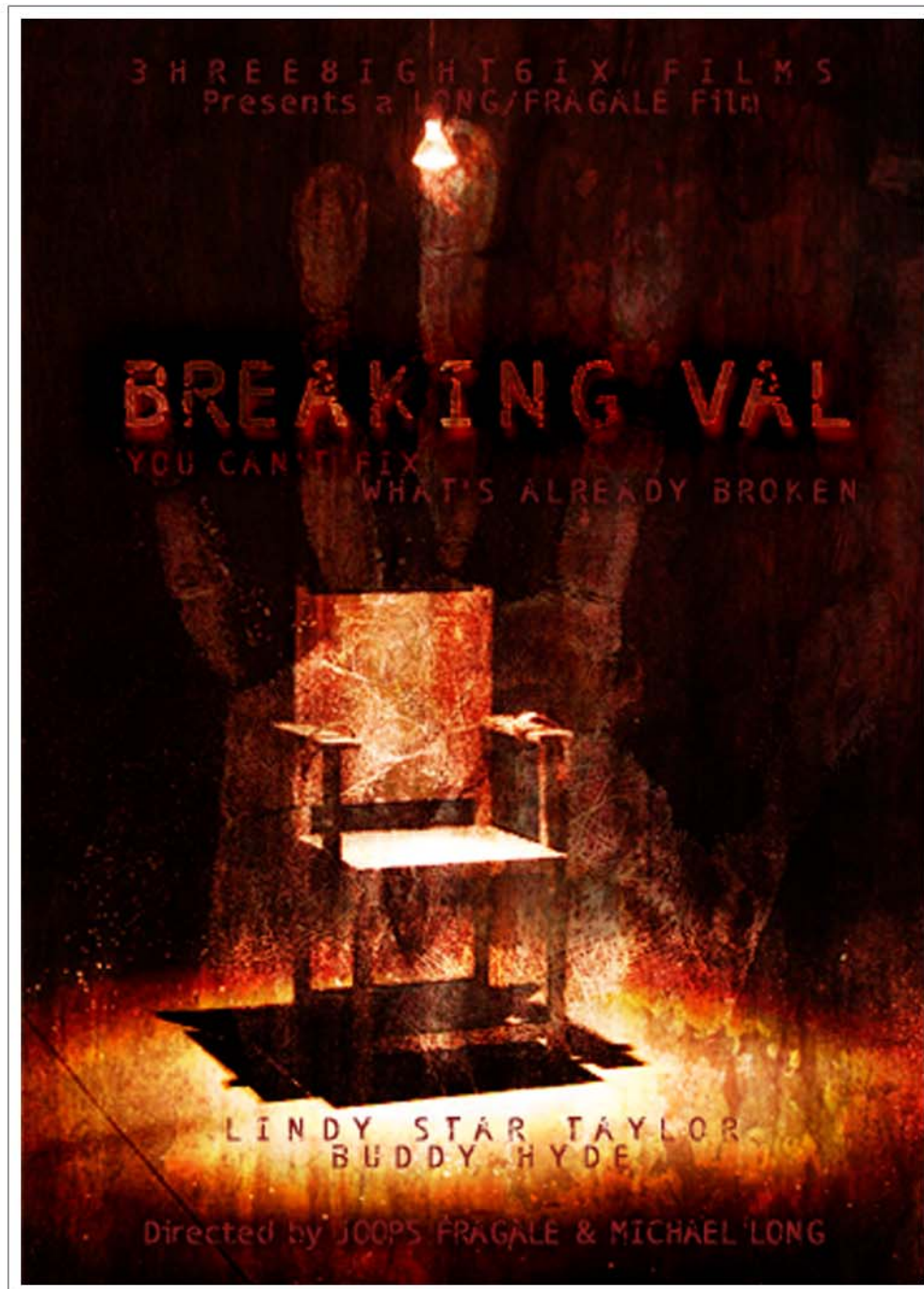
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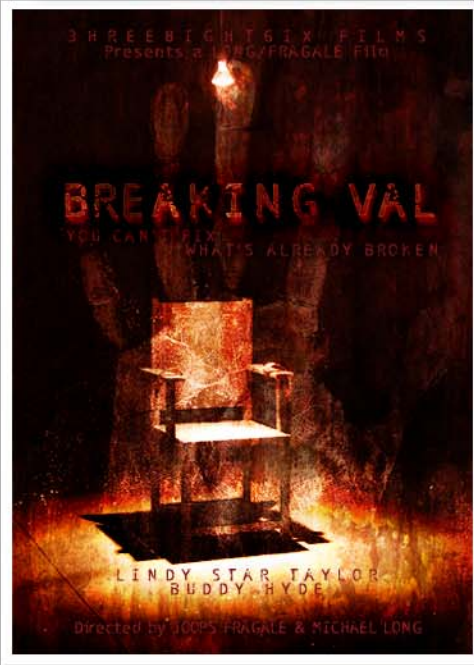
BREAKING VAL

386FILMS.COM

behind the plastic curtain



Director: Joops Fragale . Michael Long
Producer: Michael Long . Joops Fragale
Executive Producer: Tony Ionno . Nicole Long . Eric Freudenthal
Director of Photography: Michael Long
Music: Joops Fragale
Editor: Tony Ionno . Joops Fragale
Screenplay: Joops Fragale



THE FILM

Running Time: 14:19

Released: October 31 2007

Breaking Val was originally produced for an online film festival. By the time 386 learned of the fest they had a month and a half to write, shoot and edit the project that was under strict guidelines. The theme had to be "darkness". A glass of red wine was a required element to be seen on screen, and the entire film had to be no more than five minutes with beginning and ending credits. From the start Mike and Joops knew they had more story to tell than what the time limit would allow. So two versions were completed, the festival version and the full director's cut version that 386 Films showcases today. Casting known-quality actors, which were pulled from the team's previous film, Mama's Boys, was essential in getting right into production with out a lengthy casting session. Lindy Star Taylor (Val) and Buddy Hyde (Tom) reached deep down into the darkness of the characters to bring the vision to life. Jeremy Nikolow (David), and the 386 team rounded out the casting needs.

Breaking Val was shot using the interior space of Mike's Glideshot shop. The garage bay was the perfect space for the plastic cell. Other interiors included Mike's house as well as the Brooklyn Cafe in Port Orange, Florida. Keeping the realistic feel of the film, all plastic cell scenes were lit using one industrial shop light. The chair in which Val is secured to was a key element in the design of the film. 386 Films scoured furniture stores, outlet shops, and garage sales looking for the right chair. The chair had to have personality as the third "actor" in the room. Finally with time running out and no chair feeling right, Mike and Joops built one from scratch. With the stain still drying as cameras rolled on shoot day the chair added that much needed element. The chair remains in use today at the 386 Films production office. The special effects (break away chair arm, blood squirter, glass) were also done in-house as well as the FX make up. Actress Lindy Star Taylor was physically taped to the chair for most of the 28 hours of shooting.

NOTABLE MOMENT: During a break in filming Joops went outside the studio to see a police cruiser pulling up and stopping in front of actor, Jeremy Nikolow, who was in full bloody neck-slashed make up and still bound with duck tape. Joops ran towards the cop waving and screaming that is was "OK" and "We are filming a movie." Little did he know that the copper was Jeremy's friend who he invited down to the set.



BREAKING VAL DVD

Total Running time 29:00 Format: 16:9

Contents: Breaking Val Short, Original Festival Version, and Behind-The-Scenes Footage

EQUIPMENT: Panasonic DVX100 camera / Glideshot dollies, jibs, rigs / Marantz audio recorder with shotgun mic / 500 watt shop light, Dell Workstation, Maxtor storage drive, Vegas editing software, Soundforge audio software.

**JOOPS FRAGALE**

Director . Producer . Writer

Joops (aka Jason), has been playing movie maker since junior high running around his New York home town with the giant VHS cameras and it has never stopped. With an education in Illustration, Advertising Design, and Film/TV production, he brings his unique visionary style to all his projects. Joops has worked in front and behind the camera, wearing many hats, on many varied projects from short films, TV pilots, to an award winning national commercial. Through his creative design company, HazyHead Studios, he has also been honored for his design work in print and web sites. He is also creative director for Irreverant Greetings, a greeting card company. When it comes to film making, it's the challenge of bringing script to screen that he finds most thrilling. Once the project is completed, it has a very short shelf life before he's looking for the next big adventure.

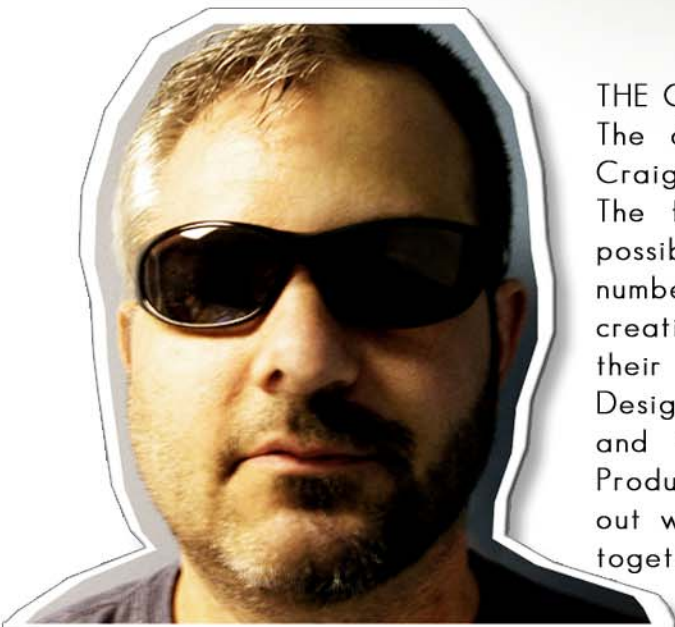
MICHAEL LONG

Director . Producer . Director of Photography

Mike, a Florida native, has been interested in film since an early age. In 1991 he attended film school in Daytona Beach, and has not stopped since. Working off and on for the last 20 years on various short films, commercials and instructional videos, he continues to grow his craft. After a 10-year stint as a police officer, Mike traded in his service gun to continue in the field of filmmaking and started Glideshot Industries, a manufacturer of camera dollies and track. His company has since catered to professional and indie filmmakers all over the world. With all this wealth of equipment at his finger tips he decided it was time to put it to use. Mike hosts a Low/No budget oriented chat forum: Pennyflix.com. Now with multiple projects scheduled into the future he continues to pursue the life of a filmmaker.

**THE COLLABORATION**

The duo filmmakers met when Mike posted a listing on Craigslist looking for fellow filmmakers in the Daytona area. The first meeting brought nine folks out to discuss the possibilities of a project. With each weekly meeting the numbers dwindled until Mike and Joops forged ahead creating their company and adding other key members to their crew. Nicole Long as Executive Producer/Costume Design/Hair and Make Up, Tony Ionno as Executive Producer and Sound Design, and Eric Freudenthal as Executive Producer, Super Grip and all around Best Boy. The team set out with enthusiasm to plan and produce their first project together and have never looked back. 386 Films now works out of their production office in Port Orange, Florida.



**LINDY STAR TAYLOR (VALERIE)**

Lindy is a native Floridian. Lindy has an enormous passion for life and is a very free spirit. She doesn't plan on wasting the life she was given. "Through acting I hope to fulfill my own destiny and hopefully give joy to others in the process." Lindy is a professional actress and continues to study the craft. Lindy also appeared as Layla, a ditzy sufer chick in 386 Films short, Mama's Boys. It was through the Mama's Boys audition that Lindy floored the casting crew which her monologue from the movie Blow. When 386 needed to cast "Valerie" they knew who they wanted from the get go.

BUDDY HYDE (TOM)

A native Floridian currently residing in Ocala, FL, Buddy is an outdoorsman by nature and enjoys almost any outdoor activity. Buddy describes himself as a typical "blue jeans and T-shirt" kind of guy. Buddy has performed on stage in small comedy and drama productions as well as a front-man belting out lead vocals and lead guitar in several bands. This is Buddy's second film with 386 Films, the first being the lead in the short Mama's Boys. Buddy is not at

**JEREMY NIKOLOW (DAVID)**

Jeremy was born and raised in the small town of Townsend, Massachusetts. After graduating with a bachelor's degree in Criminal Justice in 2005, Jeremy moved to Daytona Beach to pursue a career in law enforcement. He has also acted in several plays and short films throughout his high school and college years. His current favorite past times are surfing, playing guitar and reading. This is also Jeremy's second go around with 386 having played Kenny in Mama's Boys.

PRODUCTION CREDITS

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Producer: Michael Long . Joops Fragale

Executive Producer: Tony lonno . Nicole Long . Eric Freudenthal

Sound Design: Tony lonno

Director of Photography: Michael Long

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INT: GARAGE - NIGHT

VALARIE (25) sits duct taped to a chair under a swinging naked light bulb. Her face is beaten and bloody. Another industrial light sits on the floor blinding her. Sheets of opaque visqueen surround her. The sheets ruffle like ocean waves.

She looks up.

VALARIE
Is that all you got, pussy!

TOM (25) crosses in front of her and pauses. He violently punches her in the face snapping her head back.

VALARIE takes the punch. Slowly recovers and lifts her head back up spitting out a mouth full of blood.

VALARIE
(sweet at first)
Sweetie, sweetie, sweetie, you still hit like a fuckin' girl! You think after all these years I haven't learned to take a punch?

(V.O. Flash)
A little mama's boy. Can't do a thing for yourself. But you think you're so big - so tough. Hitting a girl half your size. Just like your daddy used to do.

[[FLASH: INT. KITCHEN: A sink full of dishes. TOM is yelling and gesturing to the sink. VALARIE pleads with him. He shoves her towards the sink and turns on the water. His open hand rises into the air. It slowly closes into a fist. She pleads again. She lands on the ground with a red welt on her eye. TOM pulls his belt off through the loops.

VALARIE
No Tom, You said you wouldn't do it anymore. Tom, please stop!

The dishes sit as the water falls over them. The sounds of the beating echo.]]

INT: GARAGE - NIGHT

VALARIE
Have you even thought this through or is this one of your usual half-ass'd schemes. What are ya gonna do - kill me? Huh? Then what Einstein? What are ya gonna do with my body? Drop me in the river? Bury me in the backyard? Maybe, cut me in pieces, put me in the wood chipper (laughs), that's what I would do if I were

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you. Oh, I forgot, the difference between me and you...I have the balls, you're a fuckin loser. Go ahead, get a saw...

TOM POV: Grabbing saw from wall]

...and cut me into tiny bloody pieces, back and forth...

TOM POV: Sawing dead VAL's arm]

...back and forth, feel my muscle and bone tearing apart. Then feed me into the wood chipper (laughs) - we both know you don't have it in you.

squints with uneasiness.

...Then what dumbass? I have family. I have friends, unlike you.

TOM
Shut Up! Shut up!

VALARIE
Don't you think they'll notice when I stop answering the phone? It won't be a stretch to figure out what happened. It's not like you haven't advertised before...

[TOM's fist, punching]

...I only had so many excuses for the black eyes, my dear.

XXXXXXXXXXXXXXXXXXXXXXX

VALARIE coughs, spits up more blood.

VALARIE
(delicately)
Tommy, I need some water. Can you get me something to drink, baby?

TOM's eyes stay cold.

VALARIE
(coughing)
Please sweetie, just a little something to drink. He hesitates, then turns and leaves.

VALARIE exhales, she looks everywhere for some way to escape. Tears roll. It's not long before TOM returns with a wine bottle and a glass. He pours the wine.

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BREAKING VAL 2007



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L-R: Nicole Long, Michael Long, Joops Fragale, Lindy Taylor, Buddy Hyde, Eric Freudenthal, Tony Ionno



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presents

BREAKING VAL

LINDY STAR TAYLOR BUDDY HYDE JEREMY NIKOLOV

produced/directed JOOPS FRAGALE/MICHAEL LONG

ex.producer TONY IONNO/NICOLE LONG/ERICFREUDENTHAL

MICHAEL LONG director of photography

screenplay JOOPS FRAGALE

TONY IONNO sound design

music JOOPS FRAGALE

for more information visit 386FILMS.COM
and MYSPACE.COM/386FILMS